

Partners In Health is an exercise and fitness specialist centre offering a wide range of quality health services.



We have moved!

Our new address is 24 John Bull Street Queanbeyan, phone number 6162-0683.

Why choose Partners In Health?

- The owner of the centre, Lisa Robinson, is the operator of the centre.
- Lisa brings 18 years experience and knowledge of physiology, motivation coaching, weight loss, strength training, and more.
- We do not deliver 'off the shelf' fitness and health programs. We listen to what you want and need, and tailor our programs to you.
- We passionately believe in providing functional fitness rather than 'gym' fitness.
- All fitness staff have tertiary qualifications and experience working with clients recovering from surgery, injury, and illness.
- Lisa and her friendly staff are particularly skilled at developing tailored programs for weight loss, general fitness, and more.
- Partners In Health's promise of a personal, friendly touch is fulfilled at every visit. All members are treated as individuals.
- Specialist programs for [movement disorders](#).
- The Older Adults programs have been developed by Lisa utilizing her extensive experience and knowledge.
- The rehabilitation arm of Partners In Health is highly regarded by a large group of referring medical professionals.
- We are a dog friendly centre with an enclosed dog yard.

